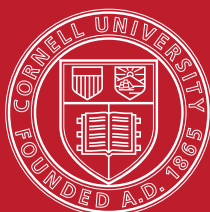




2014 Annual Report

Building Strong and Vibrant New York Communities



Cornell University
Cooperative Extension
Tioga County

Director's Message

Dear Friends of CCE Tioga,

The mission of Cooperative Extension can be summed up as "Helping People Put Knowledge To Work." This popular slogan from over 20 years ago, still resonates with us, because it emphasizes the importance of people and knowledge.

We help people address current questions about nutrition, farming, local food, or gardening. We help parents get information and learn how to raise happy, healthy, and resilient children. We help youth gain scientific knowledge and build important life skills. We help young adults gain confidence and overcome barriers to job attainment. We work with and help community partners adopt policies and current issues that help to improve our quality of life. Together we are learning how to live better.

Together we can keep this "learning experiment" that we call Cooperative Extension going in Tioga County. To help us keep moving forward, the Board and staff of CCE Tioga have completed our 2014-2018 Strategic Plan. It outlines eleven key initiatives that our organization will implement over the next four years to assure that we continue to help local residents address current needs with the best knowledge.

As you read the program impacts from the 2013-14 year, we hope that you will see how our work benefits not only individual program participants but the greater community as well. We thank you and all of our staff, volunteers, and community partners for their support to make this possible.

Sincerely,
Andrew Fagan, Executive Director



Michael Glos, Board President



Cornell University
Cooperative Extension
Tioga County



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[ccetioga.org](https://www.ccetioga.org)

Tioga County Extension Staff

Administration & Support Staff

Andrew Fagan
Executive Director Tioga & Chemung Counties

Tina Murphy
Senior Administrative Assistant

Filomena LaClair
Accounting - Bookkeeping

Meg Ward
Administrative Assistant

Tyler J. Poole
Marketing & Communications Manager

Agriculture & Natural Resources

Michele Kline
Ag Team Leader/ Regional Fruit & Veg. Specialist

Barb Neal
Association Community Educator, Horticulture

Community Development & Public Issues

Lisa Weston-Bialy
Association Community Educator

Community Nutrition & Wellness

Kelly White
Nutrition Program Manager
Stacey Burke
Nutrition Program Educator

Family Development

Judy Wolf
Association Team Coordinator
Jackie Spencer
Association Community Educator
Joan Shultz
Waverly FRC Site Coordinator
Donna Vergason -Gibson
Owego FRC Site Coordinator
Tammy Campbell
Parenting Educator

Youth Development

Autumn Lavine
Association Resource Educator
Jody Tatich
4-H Program Manager
Cara Zampi
Association Community Educator

The South Central Dairy and Field Crops team responded to 425 phone inquiries.

Agriculture and Natural Resources

CCE Tioga hired a new Agriculture Resource Educator, Michele Kline, who joined the steering committee that is working to update the Tioga County Ag and Farmland Protection Plan.

South Central NY AG Team

Offered workshops and farm visits for livestock, fruit, and vegetable farmers to enhance farm viability. The team helped coordinate the Southern Tier Nursery and Landscaping Association Education Day. This event serves to educate the local landscaping professionals on new techniques and provide them with necessary DEC pesticide training credits.



115 individuals participated in the 2014 session, which included 2 concurrent sessions and a trade show.

Tioga County Farmers' Markets

CCE Tioga continued to promote Tioga County farmers' markets, encouraged markets to offer EBT services, and provided management support for the Waverly Farmers' Market.

Taste of Tioga

CCE Tioga organized the annual Taste of Tioga, which showcased more than 20 area farms and 15 restaurants to 250 participants.

South Central Dairy & Field Crops Program

Provides educational opportunities and technical assistance to help improve dairy farm profitability within the region since farm financial success is a key to maintaining a viable dairy and field crops industry.




70 members active in farmer-to-farmer learning groups.

20 meetings and workshops with 707 participants totaling 1,555 contact hours.

89 consultations providing in-depth, personalized, evaluation troubleshooting, information and advice.

Held a Mastitis Workshop in collaboration with VI-COR. 60 people from 17 farms with 6,300 cows participated.





Over 3,300 adults and youth were reached through ESNY education series and one-time events.

Master Gardener Program

Provides Tioga County residents with research-based knowledge so that they may have healthier, more vibrant plants. The program trains and provides opportunities for volunteers to share their love of gardening through community gardens and educational programs.

Master Gardeners maintain a large demonstration garden at the Ronald E. Dougherty Office Building as well as the gardens of the Owego Riverwalk and other key Tioga County gardens.



Tioga County residents with plant identification and diagnostic needs can speak to in-house experts by calling the Master Gardener Grow Line or take advantage of Extension's walk-in services. In 2014, there was over 200 calls to the Grow Line.

Advancing Tobacco Free Communities

In July 2014 Reality Check and Tobacco-Free Tioga Partnership consolidated into the Advancing Tobacco Free Communities program. Continuing to promote evidence-based strategies to prevent youth from using tobacco, reduce exposure to second hand smoke, reduce the social acceptability of tobacco and help smokers quit. ATFC's youth engagement program [Reality Check] trains youth leadership, communication and organizational skills.



52 youth participated in the program. 10 new Tobacco free policies were adopted in Tioga County and one Point of Sale policy was adopted.

Eat Smart NY (ESNY)

A statewide nutrition education program for SNAP recipients and eligible participants. The goal of ESNY is to promote health by establishing healthy eating habits and an active lifestyle while sticking to a budget. Through hands-on teaching, ESNY educates and promotes eating fruits & vegetables, whole grains, and fat-free or low-fat milk products every day and being physically active every day as part of a healthy lifestyle.



75% of adults improved at least one of four nutrition practices. 50% of adults improved in at least one food safety practice. 75% of adults improved in at least one of four food resource management practices.

Family Development Program

Provides a range of programs designed to build the skills and support networks of diverse families. CCE Tioga's Incredible Years and Parenting Skills Workshop classes teach parents emotional communication skills and positive parent-child-interaction skills. Reunification Series helps parents prepare to reunify with children after foster care.



91 parents received parenting information through informal conversations with parenting educators.

Family Resource Centers

Family Resource Centers in Owego and Waverly provide families with young children opportunities for positive parent-child interaction, discussions with parenting educators, and links to community resources. Families who participate in parent-child activities at the FRC report increased positive interactions with their children and increased understanding of their child's development.

Incredible Years at Home

Provides intensive home-based instruction to families. Parents who participate in parenting classes report improved understanding of their children's development and better ability to manage their children's behavior.



30 families participated in Incredible Years At Home.

First Friday for Parenting Educators

Provides professional development to parenting educators in the region, increasing the quantity and quality of parenting education opportunities for families.



Parent Educators attending First Friday workshops use new skills, enhancing their work with parents. 12 parenting educators participated in First Fridays for Educators.



231 adults and 262 children participated in Family Resource Centers in Waverly and Owego.

Youth Development Program

CCE Tioga's Youth Development programming provides youth the opportunities to enhance and build upon existing skills and areas of interest. Encouraging youth to be generous, independent individuals and to master knowledge and skills in a specific area of interest, all as part of a program within which they feel that they belong.



656 Educational Enrichment Participants
Waverly after school programming: 59 Youth
goLEAD: 18 youth

Tioga County 4-H Program

Part of the CCE Tioga youth development program, 4-H is an experiential learning youth education program for boys and girls ages 5 - 19. It provides practical life skills education in Healthy Lifestyles, Citizenship and Science, Technology, Engineering and Mathematics [STEM].



15 active clubs with 116 members and 43 volunteers.
In 2014, 4-H youth participated in 33 activities and
successfully completed 42 different projects.
60 youth participated in the Tioga County Fair.

Youth Employment Program

In partnership with Broome-Tioga Workforce New York, we focus on helping low-income, out-of-school youth ages 18-24 overcome and minimize barriers to employment.



During the July 2013-June 2014 program year, we had 32
youth participants. Of these youth, 12 obtained employment,
19 earned credentials, 6 obtained a High School Equivalency
Diploma, 1 entered Job Corps, and 1 entered college.

Independent Living Skills

A 45 hour program that is designed to assist teens in foster care develop attitudes, knowledge and skills in the areas of career education and exploration, money management, social skills, decision making, housing and household management, health and nutrition.



During the instruction of the 2014 class sessions,
5 youth participants attended and completed the
45-hour educational program.



Tioga County 4-H
15 Active Clubs
116 Members
43 Volunteers

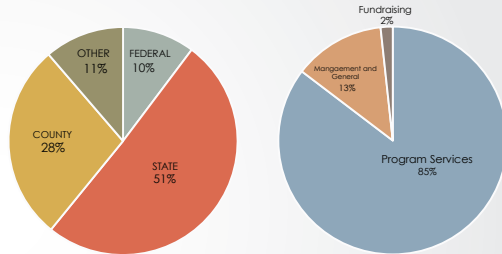
CCE TIOGA FINANCIAL SUPPORT FOR 2014

Data based on 2013 financial numbers.



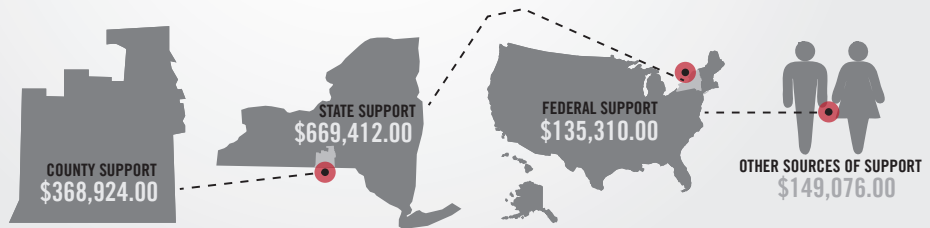
2013 FUNDING SOURCES

■ FEDERAL	\$ 135,310.00
■ STATE	\$ 669,412.00
■ COUNTY	\$ 368,924.00
■ OTHER	\$ 149,076.00



2013 EXPENSES

■ PROGRAM SERVICES	\$ 1,130,569.00
■ MANAGEMENT & GENERAL	\$ 170,999.00
■ FUNDRAISING	\$ 22,598.00



Our Mission

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

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Building Strong and Vibrant New York Communities

Cornell Cooperative Extension is an employer and educator recognized for providing equal program and employment opportunities in accordance with applicable laws.



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